

AN OPPORTUNITY TO LEAD AL-ANON MEETINGS FOR PEOPLE IN CRISIS

The Situation

- Alcoholics in crisis go to Cottage Hospital for help
- “Help” usually involves patients
 - setting up a recovery plan and
 - identifying sources of recovery support
- Recovery progress often hinges on support from Al-Anon

What Al-Anon does

- Each Monday from 6:30 – 7:30 PM
- One or two Members lead group setting patient meetings and
 - Describe key features of Al-Anon
 - Dispel misunderstandings
 - Describe Al-Anon’s perspective on Alcoholism
 - Answer questions
 - Provide sources for more information

For More Information about this Opportunity to Lead Meetings

Contact John L at 805-705-1055

Will provide training and flexible commitment schedule