

Al-Anon Family Group - Monday - 5:30 pm
“Relationships in Recovery” Book Study

Opening at 5:30pm

Hi everyone, my name is _____, your leader for today’s meeting.
Let us have a moment of silence, followed by the Serenity Prayer.

**God grant me the serenity
To accept the things I cannot change,
Courage to change the things I can,
And wisdom to know the difference.**

In order to create a safe space for all who attend the meeting, we request that you visually or verbally identify yourself, otherwise you could send a note to the host. Those who won't identify themselves may be removed from the meeting.

Readings

- Leader reads:
 - The Al-Anon Welcome (*Service manual pg. 10*)
 - Suggested Al-Anon Preamble to the Twelve Steps (*Service manual pg.11*)
- Ask for volunteers to read:
 - The Twelve Steps (*Service manual pg13*)
 - The Twelve Traditions (*Service manual pg.14*)
 - Intimacy in Alcoholic Relationships - *Page 12 first paragraph- stop at the perspectives.*

Introductions

Each of us will introduce ourselves by our first name only. If you are a newcomer, please let us know so we may welcome you. If you are a member of another 12-Step program, you are welcome here. We request that you do not break your anonymity and identity by your first name only.

Sponsorship

If you are willing to discuss sponsorship with others after the meeting, will you please raise your hand?

Leader turns the meeting briefly to the Secretary for group announcements.

Crosstalk statement

There is no crosstalk in this meeting which means we do not interrupt when someone is sharing. We do not comment directly on what another has said, we do not directly address another, nor do we give advice. Please remember that in Al-Anon we keep the focus on us and not on the alcoholic.

In this group we read out of the book "*Intimacy in Alcoholic Relationships*". We will go around the room and those who wish may read a paragraph, share or pass. Members can share on the paragraph just read or read a new paragraph then share, or pass.

At the end of the meeting the Leader reads:

Leader please ask this:

Is there anyone willing to lead the meeting next week?

Seventh Tradition

Our 7th Tradition reminds us that we have no dues or fees for membership but we are self-supporting by our own voluntary contributions. We ask that at this time you put any contributions aside or donate to the World Service Office (WSO).

Suggested Al-Anon Closing (*Service manual Pg. 18*)