

# DANIEL BRYANT YOUTH CENTER TOGETHER WE CAN MAKE IT ALATEEN MEETING!

“WHAT OTHERS DO  
DOESN'T MAKE  
OR BREAK  
MY DAY.  
THANKS TO ALATEEN,  
I JUMPED OFF THE  
MERRY-GO-ROUND.”



## ALATEEN MEETS HERE!

A PLACE FOR TEENS TO GET SUPPORT BY EXCHANGING EXPERIENCES AND ENCOURAGING ONE ANOTHER.

**HOW:** JUST SHOW UP! IT IS ANONYMOUS, CONFIDENTIAL & FREE

**WHEN:** EVERY TUESDAY FROM 6:00PM-7:00PM

**WHERE:** DANIEL BRYANT YOUTH & FAMILY TREATMENT CENTER, 1111 GARDEN ST, SANTA BARBARA, CA 93101, ROOM 4

**ALATEEN MEETING IS COMBINED WITH THE BEGINNER'S AL-ANON MEETING**

**AGES:** 13-19 YEARS OF AGE

**INFO:** JIM (805) 452-9703

*"AT ALATEEN I'VE LEARNED TO LOVE AND RESPECT MYSELF.  
MOST OF ALL, I KNOW I AM IMPORTANT AND THAT  
PEOPLE WILL BE THERE WHEN I NEED THEM. THANKS ALATEEN!"*

TO LEARN MORE, VISIT: [AL-ANON.ORG/ALATEEN](http://AL-ANON.ORG/ALATEEN) OR [ALANONSANTABARBARA.INFO/ALATEEN](http://ALANONSANTABARBARA.INFO/ALATEEN)